

# Shrüm Drinks

Ever tried Mushroom Coffee before? Upgrade your basic coffee kick with our functional mushrooms + adaptogen infused blends for enhanced mental performance + wellbeing.

## BRAINWASH

ORGANIC DAIRY-FREE COFFEE LATTE INFUSED WITH LION'S MANE AND CHAGA MUSHROOMS FOR PROVEN FOCUS



ENHANCED MENTAL FOCUS



ENERGY WITH HALF THE CAFFEINE



LONG-TERM POSITIVE MOOD

Black 30

Latte Style 35

## ZEN

ORGANIC MEDIUM ROAST COFFEE INFUSED WITH ADAPTOGENS INCLUDING ASHWAGANDHA AND ELEUTHERO TO HELP YOU FIND CALM



STABILIZE YOUR STRESS LEVELS



ENERGY WITH HALF THE CAFFEINE



LONG-TERM POSITIVE MOOD

Black 30

Latte Style 35

## DEFENSE MODE

PROTECT YOUR IMMUNITY YEAR-ROUND WITH CHAGA AND CORDYCEPS LOADED ORGANIC COFFEE. SUPPORT YOUR MIND AND BODY TO FEEL YOUR BEST



DAILY IMMUNE HEALTH



ENERGY WITH HALF THE CAFFEINE



LONG-TERM POSITIVE MOOD

Black 30

Latte Style 35

## CACAO DREAM

A CAFFEINE-FREE TREAT TO DE-STRESS AND CLEAR YOUR MIND. ORGANIC UNREFINED CACAO PLUS REISHI MUSHROOM FOR A DELICIOUS, UNDENIABLY GOOD-FOR-YOU HOT CHOCOLATE



STABILIZE YOUR STRESS LEVELS



CLEARER MIND



STATE OF CALM

35

# Classics

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SPECIALITY COFFEE SOURCED FROM SEVEN FORTUNES COFFEE ROASTERS

<b>AMERICANO</b>	21
<b>CAPPUCCINO</b>	30
<b>ESPRESSO</b>	20
<b>CORTADO</b>	30
<b>FLAT WHITE LATTE</b>	30
<b>TURKISH COFFEE</b>	19

SPECIALITY HOT DRINKS THAT CAN BE SERVED COLD

<b>TURMERIC LATTE</b>	30
<b>MATCHA LATTE</b>	33
<b>STRAWBERRY MATCHA LATTE</b>	35
<b>CACAO FUSION</b>	33

# Detox Drinks

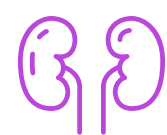
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**CLEAN GREENS** 30

INGREDIENTS: CUCUMBER, KALE, GREEN APPLE, LEMON AND AGAVE



HYDRATION



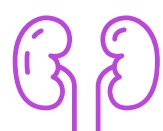
DEEP CLEANSE OF INTERNAL SYSTEMS



SKIN HEALTH

**CHARCOAL LEMONADE** 30

INGREDIENTS: FILTERED WATER, ACTIVATED CHARCOAL AND LEMON JUICE



KIDNEY + GUT HEALTH



CLEANSSES THE BLOOD



SKIN HEALTH

**KANGEN WATER**

KANGEN MEANS 'RETURN TO ORIGIN' IN JAPANESE - FOR MORE THAN 40 YEARS, KANGEN WATER HAS BEEN USED IN JAPAN TO HELP RESTORE THE BODY TO ITS ORIGINAL, ALKALINE STATE

7



# Smoothie Bar

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## **SWEET GREENS** 40

OUR BEST SELLER AIDS IN WEIGHT LOSS, DETOXING THE BLOOD & INCREASING IRON LEVELS

INGREDIENTS: PINEAPPLE, KALE, BANANA, COCONUT MILK, SPIRULINA AND PLANT BASED PROTEIN POWDER.

## **BERRY BURST** 35

YOUR ANTI-AGING IMMUNE BOOSTER; FULL OF THESE FRESH

INGREDIENTS: ACAI, BLUEBERRIES, STRAWBERRIES, BANANA AND COCONUT MILK

## **MANGO DREAM** 35

THIS BRIGHT, HYDRATING AND COLLAGEN BOOSTING REFRESHING SMOOTHIE ALSO FLOODS YOUR BODY WITH SOME RICH VITAMIN C!

INGREDIENTS: MANGO, GREEN APPLE, ORANGE, PINEAPPLE, BANANA, DATES, & COCONUT MILK.

## **PROTEIN COCO** 40

THIS RICH FLAVORED DRINK IS HIGH IN PROTEIN THAT WILL HELP YOU REACH YOUR POTENTIAL FITNESS GOAL, A GREAT POST-WORKOUT SMOOTHIE FOR EFFECTIVE RECOVERY.

INGREDIENTS: BANANA, CACAO, CHIA, DATES, COCONUT MILK, & PLANT BASED PROTEIN POWDER.

## **DATE SMOOTHIE** 40

A HEALTHY ALTERNATIVE TO CURB YOUR SWEET TOOTH! SWEETENED NATURALLY DATES, THIS SMOOTHIE IS GOING TO BE YOUR NEW FAVORITE "DESSERT".

INGREDIENTS: BANANA, DATES, ALMOND MILK, PEANUT BUTTER & PLANT BASED PROTEIN POWDER.

## **ACAI OR GREEN SMOOTHIE BOWL TOPPED WITH GRANOLA** 40

# Smoothie for the little ones

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## **GREEN MONSTER**

13

GREEN AND ENERGIZING

INGREDIENTS: BANANA, SPINACH, APPLE, COCONUT MILK, AND DATES

## **PETER PAN**

15

GOLDEN AND WHIMSICAL

INGREDIENTS: BANANA, MANGO, CARROTS, COCONUT MILK, DATES

## **PURPLE MAGIC**

15

BERRY-PACKED AND IMMUNE BOOSTING

INGREDIENTS: BLUEBERRIES, BANANA, PEANUT BUTTER, SPINACH,  
OATS, COCONUT MILK

## **RED VELVET**

13

TASTY AND SUPERCHARGED

INGREDIENTS: BEETROOT, YOGURT, BANANA, STRAWBERRIES AND  
SPINACH

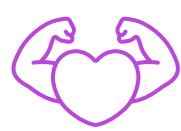


## Kombucha

SWEETENED, FERMENTED TEA WITH A LIGHT FIZZ THATS FULL OF FANTASTIC HEALTH BENEFITS



SUPPORTS HEALTHY  
MICROBIOME +  
AIDS IN DIGESTION



SUPPORTS IMMUNE  
SYSTEM



SUPPORTS LIVER  
FUNCTION BY  
ELIMINATING TOXINS



AIDS IN METABOLISM  
AND FAT BURNING

STAR-BBERRY KOMBUCHA 32

STRAWBERRY AND GREEN TEA  
INFUSED KOMBUCHA

CHAI KOMBUCHA 32

APPLE AND CHAI TEA INFUSED  
KOMBUCHA

## Sweets

PEANUT BUTTER CHOCO 32  
(440 KCAL)

BLUEBERRY CHEESECAKE 32  
(280 KCAL)

CACAO CHEESECAKE 32  
(333 KCAL)

GOJI CACAO TRUFFLES 20  
(325 KCAL)

CITRUS MACA TRUFFLES 20  
(323 KCAL)

CHOCO GRANOLA BAR 20  
(329 KCAL)

CARROT CAKE 26  
(225KCAL)

## Snacks

KALE CHIPS 30

OAT CHOCO COOKIES 25